

Welcome! We are following government guidelines to assist with safe operations.

Social distancing should be adhered to at all times.

We have additional cleaning and systems to support a healthy environment.

- **Wear a mask when not seated at your table (exemptions permitting)**
- **Only one person at a time from your table go to the counter to order food and pay**
- **Remain in your seat when possible**
- **To maintain distance between you and staff, side tables are provided for serving items**
- **To reduce contact we will clear your table after you have left**

Hot drinks

Mug of Tea any flavour £1.50

Small Teapot £2, Large Teapot £3

Americano, Flat White, Cappuccino £2

Espresso £1.50, Double Espresso £2



Latte, Mocha, Macchiato £2.50

Hot Chocolate £2.50, Ultimate +50p

Syrups: Caramel, Gingerbread, Vanilla, Hazelnut, Salted Caramel +50p

Milks: Soya, Oat, Almond, Coconut +50p

Cold Drinks

Coke, Diet Coke, Sprite, Fanta, Still and Sparkling Water £1.50

Oasis: Blackcurrant & Apple, Summer Fruit £1.50

Elderflower Cordial, Ginger Beer £2

Cowboy Cocktail Iced Tea: Mucho Mango, Fruit Punch, Strawberry Lemonade £2

Iced tea: Original Tea with Honey, Pomegranate Green Tea, Blueberry White Tea £1.50

Home-made Cakes & Scones

Nat's Shortbread £2

Ben's Luxury Flapjack £2.50

John's Millionaire's Shortbread £3

Strive Chocolate Malteser Cup-Cake £2.50



Strive Cakes £3 per slice: Lemon Drizzle, Iced Victoria Sponge, Carrot, Coffee & Walnut + scoop of ice cream £1

Plain Scone or Fruit Scone with butter £2

Cheese Scone with butter £2.50

Gluten-free Fruit Scone & butter £2

Jam 50p, Clotted Cream £1



Traditional Afternoon Tea (order in advance) £11

Packaged Snacks and Crisps

Wicked Rocky Road, Toasted Tea Cake with butter £2

Crisps: sea salt and cider vinegar, cheese and onion, sea salt, chorizo £1

Gluten free and Vegan Crisps: Hummus salted, Lentil tomato & basil £1

Gluten free Chocolate Brownie £2.50

Gluten free Blueberry Muffin £2.50

Ice Cream

Ice Cream: Vanilla, Strawberry & Chocolate per scoop £1

Sauces: Chocolate, strawberry, toffee 50p each

Sprinkles: mini Smarties, flake, fudge pieces, hundreds and thousands 50p each

Sundaes £4 each: Warm Chocolate Brownie Sundae or Strive Sundae with peaches, cream & strawberry sauce

Paninis, Baguettes, Sandwiches & Rolls with a choice of fillings

Brown or white Sandwiches or Roll, white Baguette or Panini or Gluten-free bread with choice of fillings (see yellow box below) with salad garnish £3.50, 1 slice children's sandwich £1.50

***Strive fillings:**

Cheese, Ham, Cheese and Ham, Tuna Mayo with tomato or lettuce.

***Superstrive fillings +£1:**

BLT, Coronation Chicken, Sausage, Bacon & Avocado

Butter, Flora, Mayo or plain on request
See sides below for extras



Main Meals

Baked potato with salad garnish & choice of fillings (in yellow box above or with baked beans)

Toasties: any combo of cheese, ham, tomato, white or brown bread with salad garnish £5

Avocado on toast with tomato or mushrooms topped with basil and parmesan cheese
2 slices £6, 1 slice £4

Carvery ham, egg and chips £5.50
Carvery ham and salad £5

Home-made Sausage Roll, Scotch Egg £3.50
Vegan sausage in a roll £4 (with sides below)

Sides

Chips £2, Garlic bread £2, Beans 50p,
Toast 1 slice £1, 2 slices £1.50

Side salad £2.50, Coleslaw 50p,
Avocado £1, Packet of crisps £1

See our Daily Specials Board



Strive Meal Deal

Strive filled* bread option with cold drink and packet of crisps £4.50

Superstrive* meal deal with superior filling £5.50



All-day breakfast options

Full Cooked Breakfast: 2 slices of Bacon, Jamie's prize-winning Sausage or Vegan Sausage, Fried Egg, Mushrooms, Tomato, Beans, Hash brown £6.50

Mix & match breakfast available: Mushrooms, Egg, Beans, Tomato 50p each, Toast with butter, Black Pudding, Bacon or Hash Brown £1 each, Sausage or Vegan Sausage £1.50 each

Jamie's prize-winning sausage in a roll £4

Bacon slices in a roll £4

Poached eggs on two toast £3.50

Poached eggs on toast with avocado
2 slices £5, 1 egg & slice £3.50

Beans on toast 2 slices £4

Toast with butter 2 slices £1.50, 1 slice £1

Toasted teacake with butter £2

Jam, Honey, Marmite or home-made Marmalade 50p

Food is freshly prepared, so requests welcome

100% of tips shared equally between staff on shift

We are NOT an allergen-free environment

Please speak with the Manager before ordering